MONDAY, APRIL 13*
“A Panama Adventure” – Allan Ridley and Helen McKenna Ridley

“Panama offers exceptional birdwatching opportunities within a relatively small geographical area. . .” So read the article that first piqued the interest of Allan and Helen Ridley. As you will see in their presentation, they put together an itinerary that provided not only excellent birding and natural history viewing but also a window into the American presence in the development and operation of the Panama Canal.

The Ridleys are retired educators, and together they have traveled widely and led trips to Costa Rica, Ecuador, New Zealand and Australia. Sixty Plus members will enjoy sharing another of their beautiful travel adventures.

The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by Kathy FitzPatrick. Sixty Plus members whose last names begin with the letters Mo – Ol are requested to bring treats. Please let Kathy know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

MONDAY, APRIL 27*
“We Kept Our Towns Going: An Oral History of the Gossard Girls” – Phyllis Wong, First Lady, SFSU

Amid a rich history tied to mineral extraction and logging in Northern Michigan lies a fascinating story on the impact of women’s labor in sustaining small towns. For almost sixty years, hundreds of undergarment workers (primarily women) kept their families and communities going through a depression, a world war, and mining strikes. Their stories enrich the conversation about the history of women and the women’s movement.

In 2012, Mrs. Phyllis Wong became one of the proudest advocates of SFSU when President Wong was appointed the 13th President of SFSU. She works to support the university by participating in student life in a variety of ways and also promotes student and faculty engagement in the broader community.

The meeting will be held in the Rosa Parks Room of the SFSU Student Center at 1:00 p.m. Social time will follow. The hospitality for this meeting will be provided by Mary Clare Bennett. Sixty Plus members whose last names begin with the letters Or - Pi are requested to bring treats. Please let Mary Claire know if you are not attending. Make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for each meeting will be at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip will be at 3:15 p.m. from in front of the Creative Arts Building on Holloway Avenue.
President’s Message — April, 2015

Spring begins, Friday, March 20th. My garden is blooming. The rose bushes are filled with buds, the bees are visiting my peach tree blossoms, and the birds are fluttering about the birdbath. It is a heavenly place.

Our Sixty Plus organization is humming along smoothly. All our Board positions are filled with one exception. Alice Keenan, our Program Chair, will be ending her service at the end of this semester. I encourage members to seriously think about volunteering. Our programs are the focus of our meetings. Please consider this.

Our tour to the Asian Art Museum could not have been nicer. Maryann Swazo planned every detail of the event, which made for a very pleasant day. After our docent-led tour, we walked over to the Bistro 10 UN, an international culinary academy, to be pleasantly presented a wonderful gourmet lunch. The lunch was delicious, the portions were very generous, and the servers were very attentive and polite.

Please contact Karen Grech, our Sunshine Coordinator, if you know of any member in need of a greeting card.

Our Spring Luncheon is just around the corner. It is a pleasant time to visit with your friends and maybe make one or two new friends.

I am looking forward to seeing you at our next Program Meeting. Until then, please stay well and happy.

Best regards,

Margo Moor, President, Sixty Plus at San Francisco State University, 415-205-9350, mmoor@att.net

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Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

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<tr>
<th>Apr. 13</th>
<th>Mo – Ol</th>
<th>May 11</th>
<th>Po-Roo</th>
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<td>June 29</td>
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Phyllis Abad, pabad@earthlink.net

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NEW MEMBERS, 2015

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we’ll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

We’ll be looking out for you and hope to welcome you personally.

Loretta Yurkov          Juanita Cunningham

Not-quite-gourmet Dining

Pane e Vino Trattoria
1715 Union Street (at Gough St.)

Tuesday, April 28, 5:30 p.m.

You won’t find foams, sponges, or gelees adorning your plates at this establishment that serves up traditional Italian fare. On its menu are the usual suspects: pizza, pasta, and more muscular choices like veal scaloppini, lamb chops, and rib eye steaks—all done to palate-pleasing perfection.

MUNI: 22 Fillmore or 45 Stockton-Union

RSVP: Cecilia Lim, cec639sf@att.net or call 415-957-1602

Happy Easter
Getting to Know You

Evelyn and Barry Adler

By Richard Lewis

*Barry Adler* was born in New York City. He graduated from the University of Dubuque with a degree in chemistry and biology. He served in the Army with duty in Virginia and Thule, Greenland.

Barry relocated to San Francisco in 1956 and began his career here. He and Evelyn Miller married in 1960, and he moved his career to the paint and coatings industry that same year. Evelyn and Barry have been married 55 years as of February 14, 2015.

Barry has participated actively in the paint and plastics industry trade and technical organizations. He was Golden Gate Society President in 1963-64, Golden Gate Paint & Coatings President in 1968, National Program Chairman for The Federation and chairman of the WCS Symposium in 1968 and 1972. He has acted as a meeting and convention planner for more than 30 years.

He is an active supporter of Elderhostel, both as a participant and onsite host. Barry is a volunteer with The Jewish Family & Children’s Service, trained to teach a course in “Coping with Chronic Conditions” and a television and radio pledge volunteer with KQED. He is a KQED docent and director of docent activities. Barry was one of the winners of the KQED Volunteer of the Year awards in 1999.

Barry and Evelyn were awarded the FAMMY award by the Jewish Children’s and Family Service, “In appreciation of Extraordinary Caring and Dedicated Community Service.” They were also awarded A MetLife Foundation Community Champion Award and in 2005 they were awarded a President’s Points of Light Award for Community Service.

*Evelyn Miller Adler* was born in Seattle Washington. She writes: “In 1945 we moved to Richmond CA, opening a family retail store.

“The following year I moved into San Francisco to the Emanuel Residence Club for Women while attending San Francisco State College, earning a degree in Social work. The same year I graduated, 1960, I married Barry and set up housekeeping. We have two daughters and four grandchildren - all the loves of our lives.

“The job that best suited me was as coordinator of a Kosher Senior lunch program. That was like having 100 relatives to lunch every day!

“Then on to retirement and as many volunteer jobs as I could arrange. I volunteered at Mt. Zion hospital in pediatrics, Jewish Family Service, KQED, Elderhostel, and Kaiser Permanente, knitting baby caps one day and manning the information desk another day.

“As we aged we found Sixty Plus was the perfect answer to social activities that fit our need for companionship and lectures. And so we joined up and are enjoying everything we have done.”

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**Served Spring Luncheon**

Monday, May 18th, 2015, Noon to 3:00 P.M.

$35.00 prepaid (guests welcome)
Seven Hills Conference Center, SFSU

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<th>Sit-Down Lunch</th>
<th>Entertainment</th>
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**Menu**

Caesar Salad

Choice of:
Oven Roasted Halibut with a beet and lemon compote
or
Sliced Tri Tip of Beef with braised onions and wild mushrooms
or
Vegetarian dish upon request.

Vegetables, starch, rolls, butter, wine, and coffee.

Dessert: Traditional New York cheesecake

Shuttle bus from Lake Merced parking lot at 11:45 a.m.; return at 3:00 p.m.

Sign up at a meeting or send a check made out to Sixty Plus, indicating choice of entée and name(s) of guest(s).
Reservation and refund deadline: May 12th.

Halibut ______ Name(s) ________________________________

Beef ______ Name(s) ________________________________

Vegetarian ______ Name(s) ________________________________

Give or send your check (made out to Sixty Plus) to:
Peggy Pol, 2479 42nd Avenue, San Francisco, CA 94116-2120

Cart shuttle service from bus or garage available upon reservation with Peggy.
Arts and Entertainment

"MATILDA"
Orpheum Theatre

Winner of numerous awards and performing to sold-out audiences in New York and London, “Matilda” is a stage musical based on the beloved children’s novel by Roald Dahl. The musical’s narrative centers on Matilda, a precocious 5-year-old girl who loves reading, overcomes obstacles, and helps her teacher to reclaim her life.

Wednesday, August 12, 2015
2:00 p.m. Matinee
Tickets: $75 — Orchestra; $65 — Mezzanine — Note: no elevator
A few tickets are still available; deposit: $25

Tour Committee

NATIONAL STEINBECK CENTER

Tuesday, April 14, 2015
Please join us for a day centered on the life and letters of John Steinbeck, the Bay Area’s own winner of the Nobel Prize for Literature. The day features lunch at the Steinbeck House in Salinas, his birthplace, and a docent tour of parts of the building. From there, we go two blocks to the National Steinbeck Center for a one-hour docent tour of the building, its exhibits and contents.

The cost is $70 per person. We leave from the Lake Merced parking lot at 8:45 a.m. and pick up others at 19th and Holloway at 9:00 a.m.

Call Doug Roberts of the Tour Committee for reservations at 1 415 681 8845. After confirmation, please make out the check to Sixty-Plus, and mail it to 2670 19th Avenue, San Francisco 94116.

UPCOMING TOUR: PASO ROBLES AND SAN SIMEON
Overnight trip to Hearst Castle

September 15 and 16, 2015
This overnight trip includes motor coach transportation, one-night stay at the Cavalier Hotel in San Simeon, visit to Paso Robles, Hearst Castle Tour, and dinner in Cambria. Cost is approximately $325 per person/double occupancy. For a detailed itinerary and payment information, call or email the Sixty Plus office at 415-412-4684 or sixty@sfsu.edu.
CALENDAR OF COMING EVENTS

April 13  Monday  10:30 a.m.  Executive Board & Committee Chairs, Rosa Parks Room D
1:00 p.m.  General Program Meeting, Rosa Parks Room
Cesar Chavez Student Center, SFSU

April 14  Tuesday
8:45 a.m.  National Steinbeck Center Tour
9:00 a.m.  Pick-up at Sunset Boulevard

April 14  Wednesday
11:00 a.m.  Tour Committee meeting, Rosa Parks Room D
11:00 a.m.  Program Committee meeting, Rosa Parks Room D
1:00 p.m.  General Program Meeting, Rosa Parks Room
Cesar Chavez Student Center, SFSU

April 27  Monday
11:00 a.m.  Not-quite-gourmet Dining
Pane e Vino Trattoria, 1715 Union Street (at Gough)

May 17  Sunday
4:00 p.m.  SF Jazz Center, 201 Franklin Street

May 18  Monday
12:00 p.m.  Spring Luncheon
Seven Hills Conference Center, SFSU

August 12  Wednesday
2:00 p.m.  “Matilda,” Orpheum Theater
1192 Market Street, San Francisco, CA 94102

Sept 15 – 16  Tues – Wed
TBD  Overnight tour to Paso Robles and San Simeon

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SIXTY PLUS 2014 — 2015

Officers

President  Margo Moor
Vice President  Christine Malfatti
Treasurer  Terry Kirchhoff
Recording Secretary  Ray Sarakaitis
Co-corresponding Secretary  Barbara Graham
Co-corresponding Secretary  Joyce Cassells
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Programs  Alice Keenan
Publicity — Co-chair  Richard Lewis
Publicity — Co-chair  Christine Malfatti
Special Events  Peggy Pol
Sunshine  Karen Grech
Tour  Sheila Birmingham

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Sixty Plus Highlights

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              Margo Moor, Peggy Pol, Doug Roberts, Eileen Ward

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Items for the **May Highlights** should be submitted by **April 20** to: Jeanne Glennon: jfglennon@comcast.net