MONDAY, JANUARY 9: “HOPE AFTER HEROIN”
Tracey Helton Mitchell, Author, “The Big Fix”

Tracey Helton Mitchell is a recovering heroin addict. With raw honesty and a poignant perspective on life that only comes from starting at rock bottom, “The Big Fix” tells her story of transformation from homeless heroin addict to stable mother of three—and the hard work and hard lessons that got her there.

After completing rehab in 1998, she dedicated her life to the care and treatment of heroin users. She entered school through an ex-offender’s program where she earned a Bachelors Degree in Business Administration and a Masters of Public Administration. In addition, she is a certified addiction specialist and supervisor. She was featured in the movie “Black Tar Heroin: The Dark End of the Street.”

The meeting will be held in The Rosa Parks Room, Cesar Chavez Student Center at 1:00 p.m. Sixty Plus members whose last names begin with the letters Do - Fy are requested to bring treats. If you are not attending, make sure you contribute or arrange to have someone bring something for you.

MONDAY, JANUARY 23: “YOU ANIMATE ME!”
Lori Korngiebel, Greg Emerson

Please join Lori Korngiebel, Post Production Producer, who recently completed "The Finest Hours" for Walt Disney Studios; and Greg Emerson, Vice President of Post Production at Warner Brothers TV Animation, for this fascinating presentation.

They will lead us on a journey through the filmmaking process from beginning to end in film and TV. Lori and Greg will discuss the ABCs of animation, and show us the entire animation workflow process and how it has changed over the years.

For much of its existence, the Disney studio was recognized as the premier American animation studio. It developed many of the techniques, concepts, and principles that became standard practices of traditional animation.

Warner Bros. Animation (also known as Warner Animation Group for theatrical films) is the animation division of Warner Bros., a subsidiary of Time Warner. The studio is closely associated with the Looney Tunes and Merrie Melodies characters, among others.

The meeting will be held in The Rosa Parks Room, Cesar Chavez Student Center at 1:00 p.m. Sixty Plus members whose last names begin with the letters Ga - Go are requested to bring treats. If you are not attending, make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for each program is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.
President’s Message — January 2017

Happy New Year to all of the Sixty Plus Community. It is with great satisfaction that I look back at the Fall, 2016 semester. I am encouraged by the consistent attendance at our twice-monthly meetings, even though our membership is about 150 members. About 65 members attended the last meeting of the 2016 year. We were treated to another of Bonnie Weiss’s wonderful talks and we indulged in a generous supply of cookies and other goodies to bring our meeting to a close.

About 50 members enjoyed our Holiday luncheon at Seven Hills Conference center on Friday, December 16th. Peggy Pol arranged a lovely afternoon for all of us, including a three-women a capella group who sang old favorites and Christmas songs. The Sixty Plus Scholarship was awarded to Martin Blanco, a second-year graduate student in Gerontology; it was presented by Richard Soward and Richard Chackarian.

Dr. Les Wong, President of the University, attended with his wife, Phyllis. He addressed the group with an update of the coming changes on the campus. He has been very supportive of Sixty Plus since his arrival at SFSU and we are honored to have Dr. and Mrs. Wong at our lunch.

I have been enjoying my role as President of Sixty Plus. Whenever it’s time to bring the meeting to order, it takes a moment or two for the buzz in the room to get quiet. This is my favorite moment of the meetings. I look out over the group and see and hear everyone engaged in lively conversations.

Once I get everyone’s attention, I see a roomful of smiles! It really feels wonderful. In addition, I have received lovely feedback from members that is encouraging and most welcome.

I know the New Year will bring lots of new and interesting programs

Looking forward to seeing everyone in 2017.

Best regards,
Chris

Chris Malfatti, President, Sixty Plus at OLLI-SFSU; 415-585-4811; cmalfatti@sbcglobal.net

Hospitality Committee

Members are asked to provide refreshments such as cookies, fruit, or other finger food for general membership meetings according to alphabetical order. Please make a note of your turn and bring refreshments on your assigned day. In case you cannot attend your assigned meeting, please exchange with someone in another alphabetical group.

| Jan. 23: Ga -- Go | Feb. 27: Har -- Iz | Mar. 28: Ki -- Lev |


**NEW MEMBERS, 2016 - 2017**

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we’ll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

Libby Norenha  
Donna Driscoll

Mary Clare Bennett: marycbennett@gmail.com

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**Not-quite-gourmet Dining: August 1 Five**

524 Van Ness Ave. (between McAllister St. & Golden Gate Ave.)

Tuesday, January 31, 2017, 11:30 a.m.

Savor the bold flavors of northern and central India with a hint of California at this classy contemporary bistro in the heart of civic center. Among their savories are chicken kebab, pork belly, chicken tikka, and paneer tikka wraps and rice plates, and their best seller: the ground bison sandwich. For a sweet finish the molten chocolate cake with mango and cherimoya ice cream provides the perfect coda to a delectable midday meal. Cash only.

Bus Lines Nos. 5, 47, & 49 and Muni Metro to Van Ness Station

RSVP required: Cecilia Lim, cec639sf@att.net or call 415-957-1602
From the OLLI community of learners:

**Members of 60+ are cordially invited to the annual Creativity Celebration**

Thursday, January 12, 2017 Thursday, 1:00 to 4:00 P.M.

SF State Downtown Center 835 Market Street, room 609

The Creativity Celebration celebrates our diverse interests in writing, storytelling, photography, painting and various crafts. We cannot think of a better place to formally welcome Sixty Plus into OLLI. (Note: the time actually is 1:00 to 4:00)

Also! From our OLLI Curriculum liaison: Have you been thinking about a class you would like to take that is not available in the current OLLI offerings? You now have an opportunity to make course and teacher suggestions for OLLI courses. Please give your suggestions to the Education Committee or simply leave them at the Sixty Plus meeting registration desk.

Richard Chackerian, Education Committee: richardchackerian@gmail.com
Tour Committee

Valentine’s Day Luncheon
Tuesday, February 14, 2017

Please celebrate Valentine’s Day with us at the Vista Room, Burk Hall, San Francisco State University Culinary Department. The event is a three-course luncheon which begins at 12:00 noon on Tuesday, February 15. The price of the lunch is $18.50 plus tip, payable by credit card at the event.

Transportation is via the numerous MUNI lines that serve the campus (lines 28, 29, Metro “M”, etc.).

To reserve a place please see Maryann Swazo at a Sixty Plus meeting or contact her at 415-566-7621.
On Monday, December 12, Sixty Plus members attended the last lecture of the year, “Broadway’s Legendary Composers ~ Rodgers & Hammerstein,” presented by Bonnie Weiss. Well-known to the Sixty Plus audience, Bonnie teaches classes on musical theater, focusing on famous composers.

This discussion outlined the career of Richard Rodgers when he worked with lyricist Oscar Hammerstein. Bonnie had some wonderful clips of Rodgers and Hammerstein songs, including some from “State Fair,” “Oklahoma,” “South Pacific,” “The King and I,” and “Sound of Music.” She also showed a clip of an interview where Hammerstein tried to suggest that the lyricists’ work was harder. No matter which of the two worked harder on what, the result was a wonderful blending of two great musical talents.

The audience loved this trip through musical nostalgia. Many were seen tapping toes, and even singing along.

Jeanne Giennon, Editor: jfgiennon@comcast.net
## CALENDAR OF COMING EVENTS

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| January 8  | Sunday    | 2:00 p.m. | “Avenue Q,” New Conservatory Theater  
25 Van Ness Avenue at Market St.                                    |
| January 9  | Monday    | 10:30 a.m. | Executive Board & Committee Chairs, Rosa Parks Room D               |
|            |           | 1:00 p.m. | General Program Meeting, Rosa Parks Room  
Cesar Chavez Student Center, SFSU                                    |
| January 12 | Thursday  | 1:00 p.m. | OLLI Creativity Celebration  
SF State Downtown Center 835 Market St., room 609                    |
| January 23 | Monday    | 11:00 a.m. | Tour Committee meeting, Rosa Parks Room D                           |
|            |           | 11:00 a.m. | Program Committee meeting, Rosa Parks Room D                         |
|            |           | 1:00 p.m. | General Program Meeting, Rosa Parks Room  
Cesar Chavez Student Center, SFSU                                    |
| January 31 | Tuesday   | 11:30 a.m. | Not-quite-gourmet Dining: **August 1 Five**  
524 Van Ness Ave. (bet. McAllister St. & Golden Gate Ave.)             |
| February 14| Tuesday   | 12:00   | Vista Room, Burk Hall, San Francisco State University  
Culinary Department                                                  |

### SIXTY PLUS – OLLI 2016 — 2017

#### Officers
- **President**: Christine Malfatti  
- **Vice President**: Bessie Hahn  
- **Treasurer**: Terry Kirchhoff  
- **Recording Secretary**: Ray Sarakaitis  
- **Co-corresponding Secretary**: Barbara Graham  
- **Past President**: Margo Moor

#### Committee Chairs
- **Arts & Entertainment**: Erwin Kelly  
- **Communications**: Jeanne Glennon  
- **Education — Co-chair**: Richard Chackerian  
- **Education — Co-chair**: Richard Soward  
- **Hospitality**: Pam Naughton  
- **Mailing**: John Johns  
- **Membership**: Mary Clare Bennett  
- **Programs**: Eileen Ward – pro tem  
- **Publicity — Co-chair**: Richard Lewis  
- **Publicity — Co-chair**: Christine Malfatti  
- **Special Events**: Peggy Pol  
- **Sunshine**: Karen Grech  
- **Tour**: Sheila Birmingham
Sixty Plus at San Francisco State University

Gerontology/Sixty Plus — HSS-242, 1600 Holloway Avenue, San Francisco, CA 94132
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Sixty Plus Highlights

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Contributors: Mary Clare Bennett, Richard Chackerian, Cecilia Lim,
Christine Malfatti, Pam Naughton, Peggy Pol, Maryann Swazo, Eileen Ward

Distribution Manager: John Johns ♦ Managing Editor: Eileen Ward

Items for the February Highlights should be submitted by January 16 to: Jeanne Glennon:jfglennon@comcast.net

Since 1975

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