Monday, October 14 “Being a Stand-Up Comedian”
Johnny Steele ~ Comedian, Radio and Television Host

Johnny Steele is a comedian, some-time talk show host, writer, humorist, political satirist, acclaimed actor and all-around loud-mouth commentator.

Johnny shares with us how he got into stand-up comedy some 30 years ago (he says that having a wacky family helps!). He’ll also share memories about his career in stand-up and how it led him to host his own San Francisco morning radio and television shows – and how these shows ended his bid to become a nationally famous comedian. He will also tell how he ended up writing for Robin Williams and his memories of this beloved actor.

He is featured in the documentary “3 Still Standing” which was screened at dozens of events across America. Johnny is currently working on a number of projects, any of which could become wildly successful due to, if nothing else, pure dumb luck.

The meeting will be held in The Rosa Parks Room, Cesar Chavez Student Center, at 1:00 p.m. Social time will follow. Sixty Plus members whose last names fall between Chalian and DeSaussay are requested to bring treats. If you are not attending, make sure you contribute or arrange to have someone bring something for you.

Monday, October 28: “Peace Corps after Retirement”
Adrienne Borgia ~ Peace Corps Volunteer

The Peace Corps is a volunteer program run by the United States government. Its official mission is to provide social and economic development abroad through technical assistance, while promoting mutual understanding between Americans and populations served. The Peace Corps is generally considered a young person’s program, but more and more older people are volunteering. There are two major requirements: good health and a commitment for two years and three months. Adrienne describes the procedure of signing up, the training, and what a stay in Tanzania was like: the tasks and daily life of a volunteer.

After 35 years working as an engineer, Adrienne retired and worked part-time in a senior program for the EPA where she met many returned Peace Corps volunteers. She was inspired, applied and was accepted; she served in Tanzania from February 2014 to May of 2016.

The meeting will be held in The Rosa Parks Room, Cesar Chavez Student Center, at 1:00 p.m. Social time follow. Sixty Plus members whose last names fall between Delaney and Ferrogiaro are requested to bring treats. If you are not attending, make sure you contribute or arrange to have someone bring something for you.

Shuttle Bus Times: Pick-up time for each program is at 12:15 p.m. at the Lake Merced parking lot at the foot of Sunset Blvd. A second bus will be available if necessary. The return trip leaves at 3:00 p.m. from in front of the Creative Arts Building on Holloway Avenue.
President’s Message — October, 2019

I couldn’t help but to think back on the September 9th program we enjoyed in the Rosa Parks room at the Sixty Plus meeting. Vivian Imperiale was able to get Mark Leno to come speak to our group. Think about that: Mark Leno here for a Sixty Plus meeting.

Mark is a long time San Francisco businessman who turned politician. He served in San Francisco and State Senate positions. His presentation to us, entitled, “The Joy, Opportunities and Frustrations of the Legislative Process,” was entertaining and informative regardless of which side of the aisle you may sit.

Although I could dwell on his talk, I continue to be impressed with the quality of programs we have, meeting after meeting. A very special “tip of the hat” goes to Vivian for her ability to recruit speakers such as Mark Leno. Mark was with us for a full hour of discussion, and he took several questions from our members. It was a very enjoyable afternoon.

We continue to hear very good speakers talking about a wide range of subjects. We’ve recently had a muralist, a bee keeper, an SF Chronical reporter, musicians, and others. But I was adding up what it costs a Sixty Plus member to hear these speakers. Since our membership dues is $85 per year, and we probably have about twenty lectures per year, it doesn’t take much math to realize the value of being a member just to hear our lectures. I might also add that Mark refused the honorarium we typically offer to the speakers for their time with us.

The underlying point I’m trying to make is the worth of a Sixty Plus membership, but it’s easy when I think back on the quality speakers we’ve had passing through Sixty Plus. I’m sure all our members enjoy these lectures, but it’s all part of belonging to Sixty Plus.

Ray Sarakaitis, President, Sixty Plus — OLLI at SFSU: 415-585-4811
RaySarakaitis@aol.com
Membership

New Members, 2018 - 2019

A warm welcome to all of our new members from all of us continuing members! Please feel free to approach any of us at any meeting, and we’ll be delighted to make your acquaintance. We hope your membership is productive of new friendships, fun, and adventures.

We’ll be looking out for you and hope to welcome you personally.

Mary Clare Bennett, Membership chair: marycbennett@gmail.com

Tours

Special Tour, 2020

A guided tour is being planned to Chicago for May of next year. It will highlight the architecture, history, and culture of this beautiful American city.

A tour guide will take us through many locations such as the Original Chess Records, the Lincoln Park Conservatory, Chicago History Museum, and Millennium Park among others – plus an evening performance at the renowned Second City and a visit to Wrigley Field.

As you traverse the city some of the highlights will include the Board of Trade, Picasso’s Sculpture, Buckingham Fountain, and Chagall’s Mosaic Wall, Hyde Park as well as Chicago’s magnificent skyline and lakefront.
October Mini Courses
October 2-4, 2019
Mini Courses are open to non-members — Invite a friend!

Mini Courses this October:
- **Free Speech for Some: How the Supreme Court is Changing the First Amendment** - William Bennett Turner
- **San Francisco’s Queer History: Chronicling the Century Before Stonewall** - Jim Van Buskirk
- **The Economics of Social Justice** - Tim Redmond
- **What is the Cinematic Experience?** - Dominic Angerame
- **San Francisco Opera: An Insider’s Perspective** - Kip Cranna and Alexandra Amati

SF Teens to Join an Olli Mini Course
In collaboration with Lick Wilmerding High School, several teens will attend Jim Buskirk’s **San Francisco’s Queer History: Chronicling the Century before Stonewall**. Please join us for an interesting historical talk and a rare cross-generational opportunity at OLLI.

Brown Bag Discussion - "PAIN" with John Lin King
Oct. 2, 1:00 - 2:30, room 625

John Lin King is a Ph.D candidate (scientist-in-training) in Neuroscience at the University of California, where his research centers on using animal venom both as a probe to unravel the inner workings of the human body’s pain-detection system and as a tool for developing pain medication. He received his undergraduate degree from University of Chicago, where he researched the body’s innate ability to combat brain diseases such as Alzheimers.

John’s presentation will provide an update on the latest research on the biological basis of pain sensation, with a particular focus on chronic pain. He will also touch on avenues for participants to become involved in advancing science for the treatment of disease.

OLLI Fall Session 2 Courses
October 14 – November 25

For detailed information, see the OLLI website, OLLI@SFSU.edu
Not-quite-gourmet Dining....

Kantine

1906 Market St. at Laguna St.

Tuesday, Oct. 29, 11:30 a.m.

Remember the sandwiches that greeted you when you opened your lunchbox at school? Well, that’s not exactly the kind served at this fast-casual Scandinavian spot, centrally located along the Market St. corridor. Featuring smorrebrods (open-face sandwiches), the menu concentrates on a modest but diverse assortment of these tasty bites — slices of sprouted rye bread topped with various combinations of ingredients, such as potato salad, house made bacon, and tarragon mayo; pickled herring, red onion and dill; or liver pate, pickled beets, and chives. If sandwiches aren’t your jam, Kantine has an outstanding kale, mushroom, and cheese porridge. For dessert the tebirkes (flaky poppy seed crusted rolls filled with almond cream) win hands down. Order at the counter and your food is brought to your table. Cash only. No credit cards

Muni Metro to Church St. Station and F line

RSVP Required: Cecilia Lim, cec639sf@att.net, or 415-957-1602
Applause

This feature reports on our program speakers, especially for those who are not able to attend our meetings. We can feature the first speaker of the month in the subsequent month’s newsletter, but the second meeting is beyond our publication date. A report for that meeting should be available on our website, www.sixtyplussf.org. If you know people who cannot attend our meetings, please help them locate Applause on our website.

If you would like to report on future meetings, please contact Jeanne Glennon at jfglennon@comcast.net.

Mark Leno — bringing his famous smile, caring spirit, and reasonable approach to knotty political problems — was our first speaker for our 2019-2020 season on September 9.

Former California State Assemblyman, State Senator, and mayoral candidate, Leno believes that politicians are salespeople of ideas; that if he believes passionately in an idea, he can sell it. He also believes in cultivating friends across the aisle. Even tho he was one of the most progressive legislators, he still sees California as a diverse state.

As far back as his years as a San Francisco Supervisor, he believed in inclusionary zoning for housing, with a percentage of units below market rate; he promoted medical marijuana laws; he worked for transgender rights — all of this more than twenty years ago. In the State Legislature he pursued these ideas, trying to help Republicans and Democrats understand what the other was saying, because he saw the need to cooperate to move forward.

As chair of the Public Safety Committee in the Senate, he worked well with conservatives. He promoted criminal justice laws for the wrongly incarcerated prisoners because he believed that the wrongly convicted are also victims of crime. He worked well with his very conservative colleague, Joel Anderson, who said about their representing far ends of the political spectrum, “You complete me!”

In 2004 He debated the Equal Marriage Rights Act with right-wing shock-jock Bill O’Reilly, who found Mark “…so damn reasonable.”

Mark confessed that one of the hardest political truths for him is that ideas have their own time; often they take longer to incubate than he would wish. In 2003, he added sexual orientation as a basis for non-discrimination to the CA Fair Employment and Housing Act, which was passed originally in 1997 – it took only 22 years!

He also fought to raise minimum wage laws. In California the minimum wage was raised to $10 an hour after the recession of 2008, but that amount was still below the poverty line. In 2009 he began an effort to raise it to $15 an hour, and in 2015 he was still fighting for $15 an hour.

Banning e-cigarettes is another on-going battle. He believes e-cigarettes are Big Tobacco’s response to losing so much money in lawsuit payouts and an attempt to addict future generations for continuing profits at the expense of the public. In three years’ maneuvering the Legislature has succeeded in regulating tobacco as addictive and regulating e-cigarettes as tobacco products. And the fight goes on.

Marc concluded by taking questions from the audience and staying around afterwards for discussion over coffee and cookies. We thank him sincerely for his enjoyable and enlightening presentation.
Calendar of Coming Events

October 2  Wednesday  10:00 a.m.  OLLI Mini-course: Free Speech for Some: How the Supreme Court is Changing the First Amendment

October 2  Wednesday  1:00 p.m.  OLLI Brown Bag: “Pain”
John Lin King, University of California

October 3  Thursday  10:00 a.m.  OLLI Mini-course: San Francisco: Chronicling the Century Before Stonewall

October 3  Thursday  1:30 p.m.  OLLI Mini-course: The Economics of Social Justice

October 4  Friday  10:00 a.m.  OLLI Mini-course: What is the Cinematic Experience?

October 4  Friday  1:30 p.m.  OLLI in Dialogue: San Francisco Opera, An Insider’s Perspective

October 14  Monday  10:30 a.m.  Executive Board & Committee Chairs, Rosa Parks Room D
1:00 p.m.  General Program Meeting, Rosa Parks Room, Cesar Chavez Student Center, SFSU Campus

Oct. 16 – 20  Tuesday  TBA  Oregon Shakespeare Festival, Ashland, Oregon

October 28  Monday  11:00 a.m.  Tour Committee meeting, Rosa Parks Room D
11:00 a.m.  Program Committee meeting, Rosa Parks Room D
1:00 p.m.  General Program Meeting, Rosa Parks Room, Cesar Chavez Student Center, SFSU Campus

October 29  Tuesday  11:30 a.m.  Not-quite-gourmet Dining: Kantine
1906 Market St. at Laguna St.

SIXTY PLUS 2017 – 2018

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Sixty Plus Highlights

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Items for the November Highlights should be submitted by October 21 to: Jeanne Glennon:jfglennon@comcast.net

Since 1975

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